



STOUR GUIDES

A QUICK GUIDE TO:

Inclusion Trolleys

Inclusion trolley resources help to make sure that all children have access to tools that help them to be ready to learn. These resources help children with self-regulation, focus and attention.



Fidget Resources



Fidget tools, sometimes referred to as sensory tools or fidget toys, are designed to help with self-regulation. Fidgets come in a variety of formats and have been shown to help students focus, relax, and maintain attention to instruction.

Weighted Resources

Weighted Resources help to provide constant, even deep pressure input, creating a reassuring feeling to children.



Ear Defenders



Easy access to the ear defenders will reduce anxiety that the child might experience about possible trigger events, and enable them to have control over their auditory/hearing environment; however it is important that children are exposed to challenging sounds in a way that enables them to learn how to cope

Other Resources

Sensory timers are great in any classroom, but can be very helpful for children with autism, ADHD, sensory focus, hyperactivity issues, or anyone who is just distracted or anxious about the ticking numbers in our other timers.

Now and next boards help with understanding the organisation of tasks and the school day.



Inclusion Trolleys are for any working space for children